

**FOUNTAIN OF YOUTH**

Daily Activities eff: NOV 2015

**SUNDAY**

9 – 12 noon	LDS Church	Card Room
10 – 11:30 am	LDS Church (PH)	Craft Room
9 am	Lutheran Church	Sunrise Hall
10 am	Interfaith Church	Hays Hall
1 pm	Scrabble	Card Room
2 -4 pm	Card Bingo	Sunrise Hall
5 pm	Hymn Sing	Sunrise Hall
6-9 pm	Mahjong	Card Room

**MONDAY**

8:00 am	Hiking Group	Upper HS Pits
8 – 12 pm	FOY Artists	Sunrise Hall
8:30 am	Shuffle Board	Sunset Hall
8:30 – 11:30am	Computer Workshop	Card Room
8:45 am	Horseshoes	Upper Pits
9:30 -11am	Stretch/Strengthen Class	Hays Hall
12 Noon	Ladies Day Out	Craft Room
11 – 1:00 pm	Barbershop Chorale	Hays Hall
1:00 pm	Cribbage	Card Room
1:00-2:30pm	Theater Club	Hays Hall
1:30 – 3 pm	Show ‘ n’ Tell	Sunrise Hall
3:00-4pm	FOY Dollies	Hays Hall
5:30 pm	Bingo	Hays Hall
6:30 pm	Duplicate Bridge	Card Room
6:30 pm	Bocce Ball	Bocce Courts
6 – 9:30 pm	Nine Ball	Pool Hall
6:30-8:30 pm	Line Dancing	Sunrise Hall
7 - 10 p.m.	LDS Home Mtng	Meeting Room

**TUESDAY**

8-9am	Round Beg. Lessons	Hays Hall
8:30 – 11:30 am	Bible Study	Sunrise Hall
8:20 am	Cue Club	Pool Hall
8:30 am	Bocce Ball	Bocce Courts
9:00 am	Quilting	Craft Room
9-11am	Squares Beginners	Hays Hall
9:30- 10:30am	Spanish Class	Meeting Room
9:00 am	Farmers Market	Store Patio
11-12:30pm	Squares Plus Workshop	Hays Hall
11-Noon	Water Zumba	Lap Pool
10:30-1pm	Weight Loss	Meeting room
12:30 - 3 pm	Ping Pong Club	Sunrise Hall
1:00 pm	Pinochle	Card Room
2 – 4 pm	Jam Session	Hays Hall
7:00 pm	Talent Show(TNT)	Hays Hall

**WEDNESDAY**

8:00 am	Hiking Group	Upper HS Pits
9:00 am	ATV'rs	Outside Hays Hall
8– noon	FOY Artists	Sunrise Hall
8:30 am	Gal & Pals Pool	Pool Hall
8:30 am	Horseshoes	Upper Pits
8:30 am	Shuffleboard	Sunset Hall
9:30 – 11 am	Stretch/Strengthen Class	Hays Hall
12:30 pm	Duplicate Bridge	Card Room
1 – 3 pm	Line Dancing	Hays Hall
3 – 4 pm	FOY Dollies	Hays Hall
3:30 – 4:30 pm	Lutheran Choir	Sunrise Hall
6:30 pm	7th Day Church	Sunrise Hall
6-9 pm	Mahjong	Card Room
6:30 pm	Pokeno	Meeting Room
6:30 pm	Bocce Ball	Bocce Courts
6:30-9pm	Round/Square Dancing	Hays Hall

**THURSDAY**

8 – noon	Artists	Meeting Room
8-9am	Round Plus Lessons	Hays Hall
9-11 am	Squares Beginners	Hays Hall
11-12:30pm	Squares Plus Lessons	Hays Hall
8:30 – 11:30 am	Computer Workshop	Card Room
8:30 – 9:30 am	Men’s Bible Study	Sunrise Hall
8:20 am	Cue Club	Pool Hall
8:30 am	Bocce Ball	Bocce Courts
9 am	Teddy Bears	Craft Room
10 – 11:30 am	Women’s Bible Study	Sunrise hall
11-Noon	Water Zumba	Lap Pool
12:30 – 3 pm	Ping Pong Club	Sunrise Hall
1:00 pm	Pinochle	Card Room
1 – 3 pm	Choir Practice	Hays Hall
3 -4 pm	FOY Dollies	Hays Hall
1:00 pm	Desert Golf	Desert Course
3 – 4:15 pm	B-Sharps	Sunrise Hall
7:00 p.m.	Friends of Bill W.	Meeting Room

**FRIDAY**

8:45 am	Horseshoes	Upper Pits
10 am – 1 pm	Flintstone Golf	Desert Course
9 am	Farmers Market	Store Patio
9:30 – 11 am	Stretch/Strengthen Class	Hays Hall
11-12:00	Genealogy	Meeting Room
1:00 pm	Bridge	Card Room
1:30pm	Readers Club	487 N. Mountain
12:30 – 3:30 pm	Mahjong	Meeting Room
2 pm	Disc Golf	Disc Course
2 – 4 pm	Jam Session	Hays Hall
6:00 pm	7 <sup>th</sup> Day Adventist	Sunrise Hall
6:30 pm	Bocce Ball	Bocce Courts

**SATURDAY**

8:00 am	Hiking Group	Upper HS Pits
8 – Noon	Individual Drama Practice	Hays Hall
9:30 – 2 pm	7th Day Adventist	Sunrise Hall
9:00 am	Hand & Foot	Card Room
9:00 am	Disc Golf	Disc Course
9:30 am	Scrabble	Card Room
1 – 3 pm	Beginning Line Dancing	Hays Hall
3 – 6:00 pm	Catholic Services	Sunrise Hall
7:00 pm	Dance	Hays Hall

**Monthly Activities**

2 <sup>nd</sup> & 4 <sup>th</sup> Sat 7 pm	Classical Concert	Sunrise Hall
3 <sup>rd</sup> Mon 3-6:30	Shuffleboard Potluck	Sunrise Hall
3 <sup>rd</sup> Sat – 6 pm	7 <sup>th</sup> Day Adventist	Sunrise Hall
2 <sup>nd</sup> Thurs – 5 pm	LDS Potluck	Sunrise Hall
3 <sup>rd</sup> Thurs – 5 pm	Ping pong Potluck	Sunrise Hall
1 <sup>st</sup> Fri – 1 – 3 pm	GSMOL	Sunrise Hall
2 <sup>nd</sup> Fri – 8 am	Flea Market	Hays & Sunrise
1 <sup>st</sup> Sat 7–10 am	Pancake Breakfast	Hays Hall
2 <sup>nd</sup> Wed.– 3:30 pm	Chocolate Mtn Snrs	Hays Hall
1 <sup>st</sup> Thurs 4:30–10 pm	Cue Club Social	Hays Hall
4 <sup>th</sup> Fri 5 pm	Horseshoe Potluck	Hays Hall
3 <sup>rd</sup> Mon – 9 am	LDS Relief Society	Craft Room
1 <sup>st</sup> Tues – 8 am	Cue Club Board Mtng	Card Room
1 <sup>st</sup> & 3 <sup>rd</sup> Tues –1 pm	Clowns	Meeting Room

ALL ACTIVITIES ARE SUBJECT TO  
CHANGE DUE TO SPECIAL EVENTS.  
PLEASE CHECK DAILY BOARD AT  
WELCOME CENTER.

DAILY M – F: Rosary – 4 pm Meeting Room, Water Volley Ball noon (main pool) and 4 pm.(lap pool)  
Tennis 7 – 9 am, Paddle Tennis (exc. Thurs. & Weekends) 9-10:30 Pickle Ball 10:30-Noon (tennis courts)  
Pool Laps 6:00 – 7 a.m. lap pool, Water Exercises – 7:00am, 8:00am, 9:00am & 10:00 am