



December Newsletter Fun in the Sun

Fifth Edition

Volume 3

1 December 2023

Blood Drive

Friday, December 8th

Across from Sunrise Hall

8AM—1PM Signup for an appointment at the Discovery Center. Walk Ins Welcome
“If you are a blood donor, you’re someone’s Hero.”

TEXAS HOLD’EM POKER

Every Sunday at 6:00 pm. \$5.00 buy in, no rebuys. Payouts are best hand, 1st, 2nd, 3rd and 4th place. Sign up sheet is in front of the Poker Room.

SERVICES PROVIDED AT FOY—Steve the Barber open Tuesday, Wednesday, and Thursday, 10am-4pm. Hair Salon with Mary Dekker, Monday and Friday, 8:30am-2pm+. Call-442-226-6567 or 760-354-1473

FREDDY’S STORE

STORE HOURS FOR DECEMBER 7 DAYS A WEEK,
8 AM—4 PM. 760-354-1340

WELCOME BACK AND THANKS FOR SHOPPING AT
FREDDY’S STORE.

VEGGIE MAN

EVERY TUESDAY & FRIDAY, 11AM-2PM UNDER THE
PAVILLION NEXT TO THE FRESH WATER POOL

January Newsletter

Please have your articles in by Wednesday, December 20. Please drop them off at the Discovery Center or email them to activities@foyspa.com. If you want the same article each month, respond to the email with the word “same” and I will print the same information as the month before. Thank you.

HOT DOG SALES

There is nothing like a Ramey’s, all Angus Beef, Hot Dog grilled to perfection. Blackened, medium, or just slightly touched to the grill, we can do it all. We enjoy seeing your smiling faces as you come through the line and enjoy the visiting that takes place at the picnic tables and Flea Market while you are savoring the hot dogs. We also have veggie dogs for those of a less carnivorous nature - and they are actually quite good (or so I’ve been told). On November 10th, the Hot Dog Gang sold 259 hot dogs with only one casualty (one free spirited little dog tried to escape down the grease chute and got stuck in the funnel. We buried him with honors.) Ten individuals enjoyed a veggie dog. So on December 8th we do it again at Hays Hall in conjunction with the Flea Market and will be serving breakfast, brunch or lunch hot dogs from 8 am to noon on the patio outside. Proceeds will be distributed at the end of the season to benefit the local ERU (Emergency Response Unit) and FOY activities for the next season. Please thank the volunteers that cook and serve as you go through the line, a little smile doesn’t hurt either. Hope to see you there!! (P.S. The grease chutes now have escape prevention devices installed, wish us luck!) Lee & Linda Abrahamzon

FOUNTAIN OF YOUTH SPA GENERAL INFORMATION :

***** In a life threatening emergency*****

Call 911 for an Ambulance, Fire Department, or Sheriff’s Department

Please report any crime, suspicious activity to Sheriff/Law Enforcement 1-800-452-2051

Border Patrol—760-324-4001 or 760-324-3658

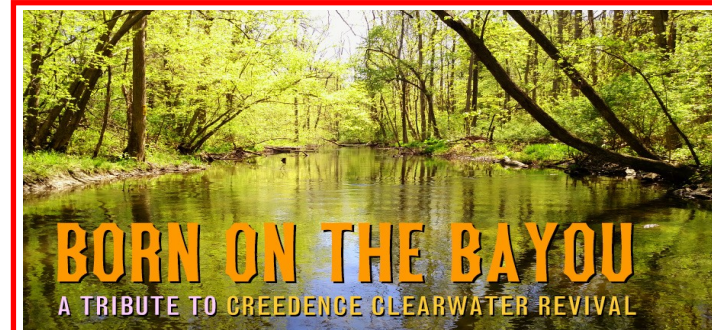
Office: 760-354-1340 / Open Monday-Friday 8:30am-4:30pm, Saturday, 9am-2pm & Sunday, 9:00am-1:00pm

Mail Room Window-Monday-Friday, 10-11am, 1-4:30pm, 760-354-7043

Gate:760-354-1555 / Sunday-Saturday 6am-10pm

Discovery Center / Monday-Friday 9am-4pm / Closed for Lunch Noon-1pm, Saturday 9am-1pm / 760-502-6450

Closed on Sunday



SOUTHBOUND IS BACK TO ENTERTAIN FOY ON
Saturday, December 9th in Hays Hall. Tickets \$30pp,
Pub Style Seating. Tickets sold in the Discovery Center
Tuesday-Friday, 1-4 pm and Saturday, 9am-1pm

CHRISTMAS LIGHT PARADE AND PARTY

FRIDAY, DECEMBER 15, 6PM; MEET
IN THE RV PARKING LOT TO LINE UP
AT 5:30 PM. We are looking forward
to seeing your golf carts, ATVs, bikes
and even yourself transformed into
works of art. Then join us for
Caroling, Cookies, Hot Cocoa, and Hot
Cider at the Sunset Grill at 7 PM.

New Year’s Eve Party with Steppin’ Out Duo

Sunday, December 31st / Hays Hall

8 PM-12:15 AM \$35pp

Tickets available in the Discovery Center on
Saturday, December 16, 9am-1pm, and
Tuesday- Friday, 1-4 pm and Saturday,
9am-1pm.

DECEMBER FLEA MARKET

Friday, December 8, 8 am-12 noon inside Hays Hall & on the Patio.

Our first Market was a big success. Thank you for attending and supporting our vendors. Come on the 8th and get your Christmas shopping done at this Market! Tables: Hays Hall \$10, and Patio \$5.

There will be a Blood Mobile on site with the Flea Market. It will be located across the road from Sunrise Hall. Please sign up in the Discovery Center if you wish to donate blood.

Contact Dorothy 760-502-6450

DECEMBER 2ND BREAKFAST SOCIAL 7-10AM, HAYS HALL

We serve a full meal of “any way you want them,” eggs, ham, pancakes, orange juice and coffee for \$7. Bring your own table service or buy one for .50. Everyone gets a free raffle ticket for prizes. PS: Real cream for coffee & butter for pancakes!

The Sunset Grill will be closed Wednesday,
November 29th—December 6th in preparation of...

THE GRAND OPENING OF THE SUNSET GRILL!!!

Check your mailbox daily!!!

The Sunset Grill will be conducting a “Test Kitchen”
from December 1st to December 6th. If you have a
golden ticket in your mailbox you will have won a
free breakfast or lunch. All you have to do is fill out
a survey after eating your meal.

THE GRILL WILL BE OPEN FOR ALL EVENING
ACTIVITES WEDNESDAY-FRIDAY WITH NEW BEER/
WINE PRICING. The Grill will reopen on Thursday,
December 7, 9am-7pm, and Wednesday-
Saturday 9am— 7pm and Sunday, 9am-2pm.
All American Menu, New Pricing, and new
management with Julie McMahan.

ANNOUNCEMENTS

TUESDAY NIGHT TALENT-TNT

We had a great turnout for our opening show on 11/21/23, and another one is coming on 11/28. Two skits were presented and received rave reviews, so we will add a skit to each TNT, if one is available. Our regular performers did a great job as well. We welcome new and most anyone who wants to share what they do best. Professionals not allowed, but fun is. For more information call- Rita Fowler at 442-208-5603 or sign up in the Discovery Center.

"LIGHT UP THE HOLIDAYS AT FOY"

JOIN US AT THE TOWN SQUARE, FRIDAY, DECEMBER, 8 AT 5PM FOR THE TREE LIGHTING CEREMONY TO KICK OFF OUR HOLIDAY SEASON AT FOY. WE HAVE LOTS OF NEW DECORATIONS AND LIGHTS! A BIG THANK YOU TO OUR MAINTENANCE GUYS FOR A GREAT JOB!

CHRISTMAS POTLUCK

JOIN US FOR A MERRY CHRISTMAS POTLUCK ON MONDAY, DECEMBER 25TH AT 1 PM IN HAYS HALL. BRING YOUR FAVORITE CHRISTMAS DISH, YOUR TABLE SETTING, AND A JOLLY SPIRIT.

HAM, PUNCH, TEA & COFFEE ARE PROVIDED. SIGN UP IN THE DISCOVERY CENTER.

SPONSORED BY THE INTERFAITH FELLOWSHIP

CHURCH NEWS

Interfaith Service meets every Sunday, 10-1130 AM in Hays Hall. Hymn Sing, every Sunday 5pm in Sunrise Hall. Bible Study every Tuesday, 8:30-9:30am in Sunrise Hall. Pastor Loren Calkins will be teaching from the book of Romans. Christmas Eve service in Hays Hall 12/24 at 7pm.

Lutheran Service-Every Sunday, 9am in Sunrise Hall. We are looking for a pastor who would be willing to provide pastoral services for us on altering Sundays. Please contact Petra Mandock at petramandock@gmail.com if you are interested.

The Church of Jesus Christ of Latter-Day-Saints-Sundays at 10am, Brawley Ward, 490 West D Street, Brawley, CA 92227. All are welcome!! For more information contact: Randy Adams, 801-913-5868

Seventh Day Adventists- Service is every Saturday from 10am-2:30pm and every 2nd and 4th Saturday, 6-10pm. Every Wednesday, 6:30-8pm, every Friday 5:30-8pm, All in Sunrise Hall.

SOUTHWEST HIGH SCHOOL ORCHESTRA

Thursday, December 7 at 12 noon in Hays Hall
The orchestra is returning to FOY to delight us with their beautiful music. Donations are appreciated. Thank you.

CLASSIC CHRISTMAS CONCERT SATURDAY, DECEMBER 16 AT 7PM IN SUNRISE HALL

Join us for an evening of beautiful Christmas music, all performed by our talented FOY residents. This is our most popular concert, and our concerts are always free. Come early, bring your friends and usher in the Christmas Season with a beautiful Christmas Concert. Christmas cookies are served at intermission for a small donation.

We are always looking for new talent, singers, instrumentals and poetry. Call Paula Jackson if you are interested in performing, 760-354-1632.
Next Classic Concert is Saturday, January 6th

AL-ANON

Al-Anon meets on Monday at 10am in the Card Room. Al-Anon is an anonymous fellowship of relatives and friends of alcoholics who share experience, strength and hope in order to solve our common problems. We believe alcoholism is a family illness and changed attitudes can aid recovery.

FRIENDS OF BILL W

Friends of Bill W meet every Thursday in Moonrise Hall at 7 pm, and every Sunday at 6pm in the Picnic Area by Corn hole.

Catholic Service—Catholic mass will be observed Saturday, December 2nd at 4 pm in Sunrise Hall and every following Saturday for the season. Contact Mike Reilly for more information. Site# 486 Mountain. Other local Masses are: St. Patrick's, Calipatria, Sunday, 8am -English, 10am-Spanish. Immaculate Heart of Mary in Niland: Sunday-12pm, Bilingual.

MORE ANNOUNCEMENTS

Love-Respect-Accountability, Violet Whybark

This was in last seasons newsletter, but it definitely needs to be shared again. People, please pickup after your dogs!

Some dog owners, walking their dogs at FOY are not being respectful. As they take their pets walking in the morning, viewing the sunrise beauty, letting their pets do their natural duty. I love dogs, too, but I do not like their poo upon my shoe! Please pick up after your pet. That is part of loving them too. Thanks to you who are accountable and do.

FOY HIKERS— Kristine Riggins

FOY Hikers will meet Monday mornings at the Horseshoe Pits at 8am. Please wear good shoes, bring water, a snack and gloves. The distance and destination will be determined at that time. Check FOY Community Facebook for updates.

BINGO

Join us for Bingo every Monday night in Hays Hall. Doors open at 5:30pm and play begins at 6:30pm.

WHAT'S HAPPENING IN JANUARY?

FOY Breakfast Social, \$7, Hays Hall, 1/6/24, 7-10 am
Flea Market, Hays Hall & Patio, 1/13/23, 8am-12pm
Classic Concert, Sunrise Hall, 1/6/24 & 1/20, 7-9pm
Sammy Eubanks Band, \$30, 1/13/24, Hays Hall
Art Show, Sunrise Hall, 1/27/23, 9am-2pm
Canada Day, Hays Hall, 1/27/23, 3-8:30pm
Illusion of Stevie Nicks, \$30, 1/27/24, 7-9pm, Hays

7TH ANNUAL FOY LIGHT CONTEST

Decorate your Trailers, 5th Wheels, Motorhomes, and Park Models. 1st, 2nd, 3rd PRIZES.
Prizes will be awarded to each winner at the Christmas party at the Sunset Grill
Friday, December 15 at 8pm.

Stretch and Strengthen Class 9:15—10:45AM Hays Hall

Chair Stretch / 11:00—Noon / Hays Hall

Join me Mondays, Wednesdays, and Fridays for a combination of stretching, weight lifting and a little cardio. Bring a mat and some light weights.

Charlotte Shave

FOY VOLUNTEER PROGRAM

Join us Tuesday, December 5th at 2pm at the Sunset Grill for a free ice cream cone and details about our Volunteer Program and incentives. You can also come into the Discovery Center and learn more about volunteering and sign up. We currently need more volunteers to help set up tables and chairs in Hays Hall for special events.

GARDEN BOXES

"The Garden is your Studio. Tilled Soil, your canvas. Happiness is two hands covered in Earth."

WE DO HAVE A FEW AVAILABLE BOXES NOW. Please come into the Discovery Center to reserve a box or be placed on a wait list. As of the 2023-24 season, due to rising costs to renew, maintain and repair boxes, and provide water, soil and hoses, there is a fee of \$20 for the two season tenure. Box holders that only have one year left on the tenure will not be required to pay this fee as it was not part of their original agreement. A copy of the agreements and rules were given to you when you sign up. If you have any questions, call Dorothy at 760-502-6450.

OUTDOOR FUN AT FOY

TENNIS

Come and play Tennis with us every morning at 7am. We have a lot of fun!
We also have a brand new Tennis Ball Machine!

BOCCE BALL

Bocce Ball has been underway for a month now and there has been lots of new faces and volunteers, and many laughs. We are hoping to start day time bocce “December 5” if we have enough people to help Randy kick it off. Monday, Wednesday, Friday evening, Bocce is at 6:30pm. Tuesday, Thursday, daytime bocce at 8:30am. If you have questions, please contact Mel Duchcherer at 780-242-6647

PICKLE BALL– CLUB COURT HOURS

Club play- 9am-1:30pm every day for Guests & Club Members. Tournaments-9am-1pm– some Saturday-Club Members. Lessons-1-2pm-every Tuesday-except December 26, 2023. Night Open Play– 6-9pm everyday-Guests & Club Members

CHECK-OUT SPORTS EQUIPMENT IN THE DISCOVERY CENTER

Corn Hole Bags
Ping Pong Paddles
Ping Pong Balls
Disc Golf Sets & Score Cards
Bocce Ball Set

Horseshoe Club

I hope everyone is looking forward to a fun season of Horseshoes. We will gather at the upper Horseshoe Pits on Monday, Wednesday and Friday at 9am. There are horseshoes available and always someone around to give some finer points. Looking forward to seeing you at the pits. Dortha Loomis

FLINTSTONE GOLF

Join us every Friday morning at 9:15AM for a friendly, fun round of 9 holes of Desert Golf at the 9 Palms Golf Course located off Spa Road. The annual membership fee is \$3.00 and a name badge for \$2. Any updates will be posted on Facebook’s FOY Community page.
Petra Mandock

WATER EXERCISE CLASSES IN THE FRESH WATER POOL

7-8 am—Claudia Bobst, Monday-Friday.
8-9AM—Theresa Bettencourt, Monday-Saturday.
9-10 AM—Linda Abrahamzon, Monday-Friday.
10-11 AM, Ivan and Roe Ann Wallin, Monday-Friday.

WATER VOLLEY BALL

Women’s Volley Ball, 3pm, Monday-Friday.
Coed Volley Ball, 4pm, Monday-Friday.
Club Volley Ball, Salt Water Pool,

FOY’S BIRD WATCHING GROUP

If you are interested in bird watching in the Salton Sea and FOY Park area, please sign up in the Discovery Center.

Arts, Crafts, Creative Writing, and SKIT Club

Craft Room News

We celebrated the new season with the first Show & Tell in the craft room on November 13 and it was surprisingly full! It was rewarding to see what people had been up to over the summer and we look forward to more people coming each week as they arrive for the season. We will be busier then ever making things to distribute where needed, including some very nice clothing protectors/food catchers with pockets for napkins or cell phone. Also, some lap quilts for those in wheelchairs has been requested – and Tracy designed one with a clever pocket for cell phones or just for hands. She also had a stack of fidget quilts that are so cleverly done with so many attractions for restless hands. The first flea market has been held and we were able to stock our table with several items for sale to raise the funds needed for the gift quilts. Items for sale include bottle openers and bowl cozies. Anyone who went to the flea market was able to see the lovely quilt up for raffle this year and I hope one and all put their names in for it. The funds raised are used to buy supplies for the quilts we donate to the local hospital and nursing home. Monday evenings will continue to be a host-free general sew or craft night, free-style and it is a lot of fun. Please join us knitters or crocheters as we craft and chat. We don’t limit ourselves to yarny projects - bring your embroidery or cross stitch project and join us! Bring your sewing project to work on or to get expert advice as well. Tuesday mornings at 9:30, Luise will be the point person for our children’s comfort quilts, which may at times spill over into the afternoons. Please come, whatever skill level you are – or even if you think you have none. There are so many small unskilled tasks that go into making a quilt (such as ironing). Wednesdays & Fridays are reserved for classes, generally starting at 1:30. We invite anyone who has a craft or skill they would like to share to sign up to hold a class. Thursdays are dedicated to senior projects, beginning at 1:30. These will include fidget quilts, wheelchair lap quilts, bibs, and bed quilts. See you at Show & Tell and the flea market!

GIFT CARDS, GIFT CARDS, GIFT CARDS!

FOY GIFT CARDS ARE SOLD AT THE STORE, IN THE DISCOVERY CENTER AND AT THE GRILL. THEY CAN BE USED FOR ALMOST EVERYTHING AT FOY. CONCERT TICKETS, AT THE GRILL AND IN THE STORE. GIFT CARDS MAKE A GREAT CHRISTMAS GIFT!

CREATIVE WRITING CLASS

Does anyone want to join the Creative Writing Class? Let’s get together and learn a little on the way. Join us every Wednesday at 2:00 pm in Moonrise Hall. If you have any questions, please call me or email me at 509-430-7515 or cmears4@aol.com.

SKIT CLUB

We are looking for budding STARS for the FOY SKIT CLUB! Come be the HAM you want to be deep inside! Bring your ideas skits, jokes, and meet like minded people to act them out with. The Skits should be between 5 to 10 minutes and will be scheduled to appear on Tuesday nights at 7 pm at the FOYs TNT night. We have costumes, wigs, props and all the support you need to be the STAR you deserve to be! All we need is you! So come and do one skit, or be a part of the club for the whole season! We meet weekly on Wednesdays at 4pm on the stage in Hays Hall—see you under the lights! For more information contact Dannie at 978-726-0764.

FOY ARTISTS

The FOY Artists are returning for the winter season, and they would like to invite new members into the group. Perhaps you have never thought of doing artist’s projects; as many of us were guilty of also. Life was a busy time. But now new adventures await. The Art group has put together kits to share and they will guide one into experiencing drawing, painting or just playing with pencils or chalk. Feel welcome to visit with us. We meet at Sunrise Hall on Mondays 9am-12pm; and Wednesdays 9am-2:30pm. Also Thursdays 1-4pm in Moonrise Hall. For more information call Del @608-343-00808 or Gwen @ 661-673-3413.

INDOOR GAMES AT FOY

POKER ROOM—Poker Room is open every Saturday, 9 am-noon, games rotate between 3 poker games; (\$12) put your name on the board to get a seat. Come on in, say hello, sit down and play POKER! We will also be open Tuesday and Thursday at 10am. (\$4). Nancy Larsen, Site 225.

PINOCHLE GAMES

Barb Burleson

Tuesday/Thursday– 12:30-3:30 pm

Pinochle is back in the Card Room! We play double–deck pinochle. Please bring .50 cents, and we will see you soon. Thank you.

Monday Cribbage.. Cheryl Murphy

We are playing Cribbage Mondays at 1pm in the Card Room. Please be there 15 minutes early, and bring .50 cents to play.

Friday Cribbage in the Card Room

Starting Friday, December 1st. Arrive at 12:45pm and play begins at 1pm. Please bring .50 cents. No sign up sheet, just find a seat at the tables. Pat L. & Bev A.

CARD BINGO

Card Bingo is played every Sunday in Hays Hall at 1:45pm. Card Bingo is easy to learn, fun game, played with a regular deck of cards.

All you need to bring is “4” Nickels, “4” Dimes, “4” Quarters, and “1” one dollar bill. Come join us. Patricia Brents

SHUFFLEBOARD

Come and join us for Shuffleboard on Monday and Wednesday mornings at 8:30. Everyone is welcome, and it's so easy to learn. You have a whole season to hone your skills. Sylvia Premer

MAHJONG– SYLVIA PREMER

How about learning a new addictive game? Our Mahjong group meets every Sunday and Wednesday evenings at 6pm. It's a good idea to come and watch first to get familiar with the tile symbols. It's a lot like rummy. We play with quarters, dimes and nickels. You will either earn or lose on each round. Hope to see you there.

PING PONG CLUB

Calling all Ping Pong players - experienced or not!! We have been in play for the past month and our group is growing. We play hard, work on our skills, and laugh a lot!!! You say you have not played Ping Pong since you were a kid or for years - well come give it another try! We play every Tuesday and Thursday from 12:30 to 3:00 in Sunrise Hall. We have monthly tournaments and a social gathering. Come join us and be a part of this great group of fun individuals!! Looking forward to meeting you! Linda Abrahamzon

FOY CUE CLUB/GALS AND PALS

Come on over to the Moonrise Pool Hall to enjoy some 8 ball. All level of players are welcome. We are a fun loving group of people who enjoy playing pool, regardless of our skill level. The annual membership fee is \$5 per person. Cue Club round robin plays every Tuesday and Thursday morning, with scheduling at 8:15am. Gals and Pals play at 8:15 each Wednesday morning. Gals of all levels are welcome. If you can't convince your guy to come along, we will find you a pal. So come on out and enjoy a morning of Pool.

Cathy Ashbee

DANCING, MUSIC, READING & MASSAGE

LINE DANCING-2023-24

Beginner Level 1-Absolute Beginner - Saturday, Hays Hall 1 – 2 p.m.

A drop in beginner class where you will learn the basic line dance steps. This class is perfect for those new to line dancing. The same dances are taught each week.

Beginner Level 2-Beginner Plus - Saturday, Hays Hall, 2-3p.m.

A beginner class where you will learn line dance steps beyond those taught at Level 1 class. This class will progress throughout the season with new steps being introduced each class.

Fun Class - Wednesday, Hays Hall 1 – 3 p.m.

Dance Steps are NOT taught in this class. It is necessary to be familiar with line dance steps in order to participate. We will dance all the old favorites plus learn some new dances as well.

Challenge Class - Tuesdays, Sunrise Hall 10 a.m. till noon

Dance Steps are NOT taught in this class. A knowledge of the dance steps is necessary in order to participate. The steps in this class are more complicated, the choreography more involved and the rhythms more challenging than the other three classes. New dances will be introduced throughout the season. Come join us for one or more or all of the classes. It is a great way to exercise both the body and the mind while enjoying some great music and friendship.

Elena Raffard

MASSAGE STUDIO IN MOONRISE HALL

Sue Peterson is back with her magic fingers doing massages again. A Massage Gift Certificate would be a great Christmas or anytime gift. Please call Sue at 951-265-3457 to schedule an appointment, Monday-Saturday. Sue accepts cash, checks, Zelle and Venmo; there is a \$5 charge for using Zelle and Venmo. Thanks

READERS CLUB

The Readers Club meets every Friday at 2pm at Space #5 on the back patio starting Friday, December 8th. We don't all read the same book, we just report on books each of us have read. We have good conversations. Please join us.

Joan Weidemann, 319-231-7949, Space #5

JAM BAND

Please join our merry band every Tuesday and Friday in Hays Hall at 2pm. Let's make some music!! Tim Evans

SALTON “C” STRUMMERS (aka Ukulele Band)

We're back. Our number is small or now, but I'm sure after the first of the year there will be many more of us. Meantime, we are getting ready to play a couple of Christmas songs at the Classic Concert on December 16 in Sunrise at 7pm. Join us every Tuesday in Moonrise Hall from 2-3:30pm. For more information contact Marian Walker, 760-587-3981 or Caryn Mears, 509-430-7515. Have a nice Holiday season.

**LOOKING FOR EUCHRE PLAYERS
Call Betti at 250-756-5842**

LET'S GET MOVING!

MORE FUN