

MASSAGE STUDIO IN MOONRISE HALL

Sue Peterson is giving life-changing massages Monday–Saturday. Please call Sue at 1-951-265-3457 to schedule an appointment. Sue is a Licensed Massage Therapist and has been practicing for 18 years. A Massage Gift Certificate would be a great gift for anyone for any occasion.

GARDEN BOXES

The cooler weather has slowed plant growth for now, but there will be warmer temperatures soon AND there are 3 Garden Boxes available for adoption. Please come into the Discovery Center and ask Dorothy to sign you up. There is a \$20 charge for 2 seasons and that includes a large bag of new soil to add to your box to amend the soil for bigger and better plants.

FOY's Bird Watching Group

If you are interested in bird watching in the Salton Sea and FOY Park area, please sign up in the Discovery Center or call/text Larry-442-230-1352.

Desert Toys, including ATVs, dirt Bikes and Sand Rails are to be operated quietly in the park and driven directly to the nearest exit to/from the nearest exit. Do not drive them around the park to go to the store, mail room, pools or any where in the park. This is a rule in the information you are given when you enter the park and in the home owner rules.

FREDDY'S STORE

STORE HOURS FOR JANUARY

7 DAYS A WEEK, 8 AM—4 PM.

760-354-4510

THANK YOU FOR SHOPPING AT FREDDY'S STORE.

VEGGIE MAN

EVERY TUESDAY AND FRIDAY, 11AM-2PM, LOCATED IN THE PAVILION NEXT TO THE FRESH WATER POOL.

DISCOVERY CENTER/ACTIVITIES OFFICE

Merry Christmas and Happy New Year to everyone at FOY, and especially to all our wonderful volunteers. We appreciate everything you do and the help you provide to make our jobs easier. We look forward to your help for the rest of our season. Sue, Pete, Dorothy, Stephanie, and Katie

DOG RESPONSIBILITIES— this is the rule according to the information you are given entering the park and in the home owner booklet. FOY is a pet-friendly resort. We supply several pet stops throughout the park and count on pet owners to pick up after their pets and dispose of the bags properly. Please enjoy our dog parks and community dog walk paths. Our buildings, pool areas and community centers are pet-free. Please pick up after your pets. Thank you.

FOUNTAIN OF YOUTH SPA GENERAL INFORMATION :

***** In a life threatening emergency*****

Call 911 for an Ambulance, Fire Department, or Sheriff's Department

Please report any crime, suspicious activity to Sheriff/Law Enforcement 1-800-452-2051

Border Patrol—760-324-4001 or 760-324-3658

Office: 760-354-1340 / Open Monday-Friday 8:30am-4:30pm, Saturday 9am-2pm and Sunday 9am-1pm

Gate:760-354-1555 / Sunday-Saturday 7am-10pm

Discovery Center/ Monday-Friday 9am-4pm & Saturday 9am-1pm / Closed for Lunch Noon-1pm / 760-502-6450

TICKET SALES ARE TUESDAY-FRIDAY, 1-4PM AND SATURDAY, 9AM-1PM. Closed on Sunday.

Fifth Edition

Volume 4

1 January 2024



BLUES SINGER EXTRAORDINAIRE!

SAMMY EUBANKS IN CONCERT ON SATURDAY, JANUARY 13 IN HAYS HALL, 7-9PM
\$30 TICKETS AVAILABLE IN THE DISCOVERY CENTER STARTING TUESDAY, JANUARY 2, TUESDAY-FRIDAY 1-4PM AND SATURDAY, 9AM-1PM.

DON'T MISS THIS ONE; HE ROCKS THE HOUSE!

JANUARY BREAKFAST SOCIAL January 6, 7-10am, Hays Hall

Saturday, January 6th is the date for a fun and yummy breakfast. We serve a fresh made meal of "any way you want your eggs," ham, pancakes, orange juice and coffee for \$7. Bring you own service or buy one for .50. Real cream for coffee and butter for pancakes. The monies raised support our Club and Volunteers at FOY. There's a free raffle ticket with each breakfast. If you would like to volunteer to help, please call Sylvia Premer-661-406-7735

JANUARY FLEA MARKET

FRIDAY, JANUARY, 12, 8AM-12PM HAYS HALL AND ON THE PATIO. DECEMBER'S MARKET WAS FUN AND WE LOOK FORWARD TO SEEING YOU IN JANUARY.

HOT DOGS (\$3.50), CINNAMON ROLLS (\$1) , AND WATER (\$1) WILL BE FOR SALE AGAIN. HOT DOGS ARE ON THE PATIO, AND CINNAMON ROLLS ARE IN HAYS HALL..

TABLES ARE AVAILABLE IN HAYS HALL, \$10, AND PATIO, \$5.

CONTACT DOROTHY IN DISCOVERY CENTER TO RESERVE A TABLE OR IF YOU HAVE QUESTIONS CALL 760-502-6450.

January Newsletter

Fun in the Sun



BOBBY PATTERSON BAND

Saturday, February 10th

in Hays Hall, 7-9pm/\$30pp

Bobby is back with his special brand of BLUES. Voted by IEBC, Best Blues Band, Guitarist, Vocalist, Entertainer, and Album. Get your tickets in the Discovery Center starting Tuesday, January 30, 1-4pm, Tuesday-Friday, 1-4pm and Saturday, 9am-1pm.



Bobby Patterson Band



STEVIE NICKS ILLUSION

Saturday, January 27 in Hays Hall, 7-9pm \$30 ticket for sale in the Discovery Center starting Tuesday, January 16th, 1-4pm Tuesday-Friday, 4pm and Saturday 9am-1pm
Stevie is a long time favorite of FOY; don't miss her and her great band.

FOY's 58th ANNIVERSARY DAY **SATURDAY FEBRUARY 17** **"HEROES AND VILLAINS**

Dust off those capes and masks and channel that inner alter ego! February 17th is right around the corner!

Costume Contest, Food, Pet Parade, Golf Cart Parade, Chili Cook Off, 50/50 Drawing, CAN/AM Tournament, Vendors...AND SO MUCH MORE! This event counts on the support and help from MANY volunteers and is not possible without you!! Please see Pete at his office in the Gym to see how you can help! We are hoping to have participation from ALL our wonderful FOY Clubs to make this event a memorable one. Let your imagination run wild, the sky is the limit! For more information call or text Sara (850)716-2223 or Julie 503-910-2328.

ANNOUNCEMENTS

BIG THANK YOU FROM THE BLOOD MOBILE STAFF

Thank you for hosting and coordinating this past Friday's blood drive. It was a great turnout! 28 people registered to donate blood and 31 pints were collected. 11 were first-time donors at Fountain of Youth! We appreciate everyone who participated. The blood donated will benefit up to 93 people. Thank you for your lifesaving support and we look forward to coming back on February 9th!

T.N.T. JANUARY-Tuesday, January 2, 2024

Thanks to everyone for supporting Tuesday Night Talent by performing, and/or participating in our 50/50 raffle. We are raising money to help with paying back Claudia for the new Yamaha electronic piano. We are also working towards purchasing new sound and lighting equipment to improve the TNT experience. We also want to thank the Pancake Breakfast Fund, Pete in the Discovery Center and others, some anonymous, who have also been very supportive, and helped out financially. And lastly, a big hug to the tireless Skit Club, and especially to my fabulous and versatile crew! Happy New Year to all! For more information, call Rita at 442-208-5604

FOY CHRISTMAS LIGHT PARADE

What an awesome parade we had on December 15th! So many people were inspired to create amazing floats and costumes. Thank you to everyone who participated. Congratulations to King Keith; he has been an inspiration to so many for many years. Thanks to those who baked and bought cookies, served refreshments, lead the carol singing, and dazzled us with dancing in the street!

Hot Dogs - How Do You Like Your Hot Dog?

Here we go again!!!! There's nothing like a Rameys, all Angus Beef, Hot Dog grilled to perfection. Blackened, medium or just slightly touched to the grill—we hear it all! We enjoy seeing your smiling faces as you come through the line, and we enjoy the visiting that takes place at the picnic tables while you are savoring the hot dogs! We also have veggie dogs for those of a less carnivorous nature—and they are actually quite good (or so I've been told). On December 8, the Hot Dog Gang sold 320 hot dogs, and 11 individuals enjoyed veggie dogs. So on January 12th we do it again at Hays Hall in conjunction with the Flea Market and we will be serving breakfast, brunch or lunch hot dogs from 8am to noon on the patio outside. Please thank the volunteers that cook and serve as you go through the line, a little smile doesn't hurt either. Hope to see you there! Thank you, Lee & Linda Abrahamzon.

READER'S CLUB

The Reader's Club meets every Friday at 2 pm at Space #5. We don't all read the same book, we just report on books each of us have read and loved. We also have good conversations. Please join us.
Joan Weidemann, Space #5

CLASSIC CONCERT

Our classic concert is Saturday, January 6th.
WHERE: Sunrise Hall
WHEN: Saturday, January 6th, 7pm
WHO: Everyone is Welcome
Our Christmas concert was well attended with lots of fun and good music. Come join us for a great evening of music from Broadway, show tunes, oldies, and occasionally a classical piece, all performed by our talented FOY residents. We are always looking for new talent, instruments, vocals, pianists, and even storytellers.
Call Paula at 760-354-1632
Don't miss our next concert on Saturday, January 20th in Sunrise Hall at 7pm.

FOY SKIT CLUB

We are looking for budding STARS for the FOY SKIT CLUB! Come be the HAM you want to be deep inside! Bring your ideas skits, jokes, and meet like minded people to act them out with. The Skits should be between 5 to 10 minutes and will be scheduled to appear on Tuesday nights at 7 pm at the FOYs TNT night. We have costumes, wigs, props and all the support you need to be the STAR you deserve to be! All we need is you! So come and do one skit, or be a part of the club for the whole season! We meet weekly on Wednesdays at 4pm on the stage in Hays Hall—see you under the lights! For more information contact Dannie at 978-726-0764.

MORE ANNOUNCEMENTS....

Red Hats

Are you up for an afternoon of fun with the girls? (No gents allowed.) Luncheons, games, museums, shipping, flea markets. We do all kinds of activities together. So many things to do in the desert. Hope you will come and be a part of our group. Call Lorna Davies-801-367-6357

FOY VOLUNTEER PROGRAM

Join us Tuesday, January 2nd at 2pm at the Sunset Grill for a free ice cream cone and news about the Anniversary Day and other events at FOY. You can also sign up in my office in the Gym. Thanks, Pete

Canada Day

Calling all Canadians to the annual Canada Day celebration on January 25, 2024 @ Hays Hall. Doors open at 4:30. Tickets are \$7.00 and will be sold in town square January 9, 16 & 19 from 11:30-1:00 and at the flea market on January 12.
The committee is still shy of members, so if you would like to help, please attend our planning meeting on January 2 @ 2:00 in the meeting room by the bocce courts.

AL-ANON

Al-Anon meets on Monday at 10am in the Card Room. Al-Anon is an anonymous fellowship of relatives and friends of alcoholics who share experiences, strength and hope in order to solve our common problems. We believe alcoholism is a family illness and changed attitudes can aid in recovery.

FRIENDS OF BILL W

Friends of Bill W meet every Thursday in Moonrise Hall at 7 pm and Sunday at 6pm in the picnic area next to the Corn Hole Pits.

CHURCH NEWS

7TH DAY ADVENTISTS—Service is every Saturday, 10am-230pm. Wednesday 630-8pm, Friday 530-8pm, and 2nd and 4th Saturday, 6-10pm, all in Sunrise Hall.

CATHOLIC MASS—Catholic Mass will be observed every Saturday at 4pm in Sunrise Hall. For more info contact Mike Reilly, site #486. Other local Masses: Sunday St. Patrick's Church in Calipatria: 8am (English), 10am (Spanish). Immaculate Heart of Mary in Niland at 12pm (Bi-lingual)

LUTHERAN SERVICE—Sundays 9 AM, SUNRISE HALL. All are welcome to attend.

THE CHURCH OF JESUS CHRIST OF LATTER-DAY-SAINTS—Sundays at 10am, Brawley Ward, 490 West D Street, Brawley, CA 92227. All are welcome!! For more information call Randy Adams, 801-913-5868.

INTERFAITH SERVICE, Sundays 10 AM, HAYS HALL.

HYMN SING, Sundays 5 PM, SUNRISE HALL

BIBLE STUDY—Tuesday, 9-9:45PM, SUNRISE HALL
Pastor Loren Calkins will be teaching from the book of Romans.

PANCAKE BREAKFAST FUND AND VOLUNTEER PROGRAM

For those of you who do not know, the Pancake Breakfast monies have been ear-marked to help the FOY Clubs and earn rewards for volunteers. Here is what has been purchased in the last year with these funds. New nets for the Pickle ball club, new equipment for the FOY Gym, porta-potty and maintenance for Flintstone Golf, irons and sewing machines for the Craft Room, new bocce ball sets for the Bocce Ball Club, and a donation to purchase a new keyboard for TNT. Many volunteers have received massages, gift cards, concert tickets, etc. for their hours worked, as well. This is an example of what we all can do when we work together for a common cause. We can always use more volunteers to help with the many activities here at FOY. Please consider coming to the Volunteer meetings the 1st Tuesday of every month at the Grill at 2pm. Thank you for all you do to make FOY a wonderful place to stay.

OUTDOOR FUN AT FOY & NEW CLASSES

Aqua Challenge

Lead by Gary & Jim
Thursdays, 9-10 am, Saltwater Pool
Starting Thursday, January 4, 2024
This will be an energetic moderate- to fast-paced class. Aqua aerobics provides a cardiovascular and strength-building workout, while placing less stress on the joints since the water lessens the effects of gravity. We'll end each class with a cool down and a gentle stretch. A fun, fresh playlist each class.

BOCCE BALL

Bocce has been underway with day Bocce going as well. So many thank yous to everyone who helps out and comes to play. There has been lots of fun and laughter.

I would like to wish everyone a Merry Christmas and a Healthy New Year.

Morning Bocce-8:15am-Tuesday & Thursday
Evening Bocce-6:15pm- Monday, Wednesday & Friday. Mel Duchcherer

WATER EXERCISE CLASSES IN THE FRESH WATER POOL

7—8 am—Claudia Bobst, Monday-Friday.

8—9 AM —Theresa Bettencourt, Monday-Saturday.

9-10 AM—Linda Abrahamzon, Monday-Friday.

10—11 AM, Ivan and Roe Ann Wallin, Monday-Friday.

WATER VOLLEY BALL

Women's Volley Ball, 3-4pm; Coed Volley Ball, 4-5pm

MONDAY-FRIDAY in the Fresh Water Pool

Club Volley Ball, Salt Water Pool, 10:30am-1:30pm

Monday-Friday

TENNIS

Tennis is played every morning at 7:30am at the Tennis Courts. Please join us.

Horseshoe Club

Please join us for a fun game of Horseshoes at the Upper Horseshoe Pits on Monday, Wednesday and Friday at 9am. There are horseshoes available and always someone around to give some finer points.

Looking forward to seeing you at the pits.

Dortha Loomis

FLINTSTONE GOLF

Join us every Friday morning at 9:15AM for a friendly, fun round of 9 hole desert golf at the 9 Palms Golf Course located off Spa Road. The annual membership fee is \$3.00, and a name badge is \$2.00. Any updates will be posted on FOY Community Facebook page.

Petra Mandock

PICKLE BALL-CLUB COURT HOURS

Club play-9am-1:30pm every day for Guests & Club Members.

Tournaments-9am-1pm-some Saturdays - Club Members.

Lessons-1-2pm-every Tuesday.

Night Open Play-6-9pm everyday-Guests & Club Members.

YOGA THERAPY CLASS

Sacha Paquet is starting a Yoga Therapy Class in Hays Hall on Thursday, January 4th at 12pm. She will lead this class on Mondays at 3pm, Tuesdays, 11:15, Thursdays at 12pm and Fridays at 4:30pm. This is easy traditional yoga with emphasis on breath work and focus on spine and joints. Sacha is a licensed therapist.

ONE TIME SPECIAL EVENT- POWER HOUR IN SUNRISE HALL

3:30-5PM

Join Anne and Eric on Tuesday, January 4th for a fun-filled hour of dancing and fun activities.

DanceFIT & Toning

Peggy is back with her fun DanceFIT class. Please join her Tuesday, January 2nd thru the 20th for a class with lots of movement and fun! Monday, Tuesday & Friday-12:30pm. Thursday & Saturday-10:30am. She will be back February 5TH to get you moving again. (Classes may not meet because of Flea Market or other activities.)

ARTS, CRAFTs, CREATIVE WRITING & iPHONE PHOTOGRAPHY

Craft Room News

Show & Tell is the highlight of the week for all crafters to show off their creations and admire creations by others. All are welcome to join at 1:30 in Sunrise on Monday whether you craft or not!

We would also like to thank the Pancake Breakfast Fund for purchasing two new sewing machines for us. They are much needed – the old ones were all donated and wearing out and old enough that parts were unavailable – and VERY much appreciated. Over the past month, we distributed 15 fidget quilts, 12 lap quilts and 35 clothing protectors (for use while eating) to senior centers, both daycare and residential. We also have 15 child quilts ready to go to the Brawley hospital when it can be arranged with the staff there. All of these items are so appreciated and we thank all of our FOY people who regularly support this activity through purchasing raffle tickets and the items we make for sale. Many of you purchased the various items we made for sale, and made donations for the inventive candy cane candle holders made by Gwen Hougo, and we thank you for that. Please hang around for the drawing for small prizes from those who bought raffle tickets over the morning! We have an increasing variety of items for sale so please stop by! They include: hot bowl holders (for the microwave), bottle openers, quilted ornament potholders – and a number of other things. The funds raised from the raffle and the sale of items are used to buy supplies for the handmade items we donate to the local hospital, nursing home and daycare center. Monday evenings will continue to be a host-free general sew or craft night in the craft room.

Riki Kontong

CREATIVE WRITING CLASS

Any one want to join the Creative Writing Class? Let's get together and learn a little on the way. Join us every Wednesday at 2:00 pm in Moonrise Hall. If you have any questions, please call Caryn at 509-430-7515 or email her at cmears4@aol.com.

FOY ARTISTS

All Foy folks are welcome to join us in Sunrise Hall Monday, 9am-12pm, Wednesday, 9am-230pm, and Thursday, 1-4pm in Moonrise Hall. We paint together and have beginners kits to get you started. Sometimes we offer art classes. Please come and check out what's happening in our Art Group.

ART SHOW

The Art Show is Friday, January 26th in Sunrise Hall, 9am-2pm. Everyone is welcome to attend. To participate in our FOY Art Show, please attend 6 art sessions. For more information call Del @608-343-0808 or Gwen @661-673-3413.

iPhone Photography Workshop-Sandi Wheaton

Tuesday, January 16, 6:30-8:30pm in FOY's Sunrise Hall—Fee: \$30
Master your camera app and unlock your iPhone's potential to create beautiful photographs! We'll cover focus, exposure, video, slo-mo, time-lapse, cinematic video, panoramas, amazing portrait effects, hidden live photo effects, flash, self-timer, etc. You will know your iPhone camera inside-out after this workshop. Sign up in the Discovery Center and pay at the workshop.

FOY CRAFT FAIR—FEBRUARY 23, 2024 in Hay Hall, 9am-12pm

FOY Craft Fair is open to all folks. You still have time to make a project for some of our categories. Rules are in the Craft Room and in the Discovery Center. Projects must be registered in the Craft Room 1 week before the Fair. (Friday, February 16th) Categories are listed below:

- | | |
|---|---|
| 1. Afghans | 15. Small Crafts, less than 20" |
| 2. Wall Hanging (size required) | 16. Sewn Crafts |
| 3. Needlework (cross stitch, Embroidery, needlepoint) | 17. Wood Crafts |
| 4. Machine Embroidery | 18. Small Quilted Items |
| 5. Infant Quilts | 19. Holidays/Seasonal |
| 6. Hand Quilted, Hand Appliqued Quilts | 20. Beading |
| 7. Machine Quilted Quilt | 21. Fibre Arts |
| 8. Sewn Garments | 22. Paper, Scrapbook Crafts |
| 9. Dolls, Toys, Games | 23. Photos (max. 8"x10" |
| 10. Crochet Items | 24. Garden Art, Rock Painting |
| 11. Knitted Items | 25. "Where An I From" craft project (answer on bottom) any craft that indicates where you might call home!! |
| 12. Large Crafts 20" or more | Be Creative.... |
| 13. Metal Crafts | |
| 14. Jewelry | |

For more information call Gwen Hougo-661-673-3413

INDOOR GAMES & EXERCISES AT FOY

POKER ROOM—Poker Room is open every Saturday, 9 am- noon, games rotate between 3 poker games; (\$12) put your name on the board to get a seat. Come on in, say hello, sit down and play **POKER!** We will be open Tuesdays and Thursdays at 9am. (\$4) Nancy Larsen, Site 225

TEXAS HOLD’EM -Sunday nights, 6-9:45pm in the Poker Room. \$5 buy in, no rebuys. Signup sheet outside the Poker Room. 24 players max. Start 6pm, sharp!!

PINOCHLE IN THE CARD ROOM- Barb Burleson

Tuesday/Thursday– 12:30-3:30 pm
Please join us for a game of double– deck pinochle. Please bring 50 cents, and we will see you soon.

BRIDGE

Yes, we have a Bridge group! We meet every Saturday night in the Card Room at 6pm. We start out at 6pm helping people to learn the game, and then at 6:30 we play Bridge for real! Join us for a learning experience and a Bridge game. For more information-Wayne-831-818-8301.

CRIBBAGE-Cherryl Murphy
We are playing Cribbage every Monday at 1:00 to approximately 3:30pm in the Card Room. Please be at least 15 minutes early, and bring .50 to play.

Friday Cribbage in the Card Room-Pat L. & Bev A

Cribbage is played every Friday at 1pm in the Card Room. Please arrive 15 minutes early and bring .50. No signup sheet; just find a seat the tables.

CARD BINGO

Card Bingo is played every Sunday in Hays Hall at 1:45pm. It is an easy to learn, fun game, involving a regular deck of cards. All you need to bring is “4” Nickels, “4” Dimes, “4” Quarters, and “1” one dollar bill. Come join us. Patricia Brents

SHUFFLEBOARD “Happy New Year.”

Join us for shuffleboard on Monday and Wednesday mornings at 8:30am. Everyone is welcome, and it’s so easy to learn. Gene & Sylvia Premer

BINGO

Bingo is played every Monday night in Hays Hall. Door open at 5:30pm and Bingo starts at 6:30pm. Come and get your game ready to go! Join us for a fun night of Bingo!

MAHJONG– SYLVIA PREMER– Sunday & Wednesday, 6pm in the Card Room

Happy New Year! We want to encourage all people that we have taught the game, to come and play. The first hour, we will have new players playing together at a slower pace. Then, when the comfort level rises, they can join in with veteran players. We try to slow down, but maybe not enough. Just let us know and come join the fun. We play with quarters, dimes and nickels.

PING PONG CLUB-Come Out and Play
Please join us-no experience required!! We play hard, work on our skills, and laugh a lot!!! Play time is every Tuesday and Thursday from 12:30-3pm at Sunrise Hall. We have monthly tournaments and a social gathering. Come join us and be a part of this great group of fun individuals!! Looking forward to meeting you! Linda Abrahamzon

FOY CUE CLUB/GALS AND PALS

Come on over to the Moonrise Pool Hall to enjoy some 8 ball. All level of players are welcome. We are a fun loving group of people who enjoy playing pool, regardless of our skill level. The annual membership fee is \$5 per person. Cue Club round robin plays every Tuesday and Thursday morning, with scheduling at 8:15am. Gals and Pals play at 8:15 each Wednesday morning. Gals of all levels are welcome. If you can’t convince your guy to come along, we will find you a pal. So come on out and enjoy a morning of Pool. Cathy Ashbee

Stretch & Strengthen Class
9:15—10:45AM / Hays Hall

Chair Stretch & Strengthen / 11:00—Noon / Hays Hall

Join me Mondays, Wednesdays, and Fridays for a combination of stretching, weight lifting and a little cardio. Bring a mat and some light weights. Charlotte Shave

DANCING, MAKING MUSIC & OTHER FUN STUFF

LINE DANCING-2024

- Beginner Level 1-Absolute Beginner - Saturday, Hays Hall 1 – 2 p.m.**
A drop in beginner class where you will learn the basic line dance steps. This class is perfect for those new to line dancing. The same dances are taught each week.
- Beginner Level 2-Beginner Plus - Saturday, Hays Hall, 2-3p.m.**
A beginner class where you will learn line dance steps beyond those taught at Level 1 class. This class will progress throughout the season with new steps being introduced each class.
- Fun Class - Wednesday, Hays Hall 1 – 3 p.m.**
Dance Steps are NOT taught in this class. It is necessary to be familiar with line dance steps in order to participate. We will dance all the old favorites plus learn some new dances as well.
- Challenge Class - Tuesdays, Sunrise Hall 10 a.m. till noon**
Dance Steps are NOT taught in this class. A knowledge of the dance steps is necessary in order to participate. The steps in this class are more complicated, the choreography more involved and the rhythms more challenging than the other three classes. New dances will be introduced throughout the season. Come join us for one or more or all of the classes. It is a great way to exercise both the body and the mind while enjoying some great music and friendship.

Elena Raffard

JAM BAND

Tim Evans is leading the Jam Band! Jam Band meets every Tuesday and Friday, 2-4 pm in Hays Hall. Come and join the band and make some music with us.

NEWS FROM THE SUNSET GRILL

Don’t miss all the fun happening at the Grill every week!

Monday– Fireside Acoustic Music 5pm

Wednesday-Exciting Trivia Game 5pm

Thursday– KARAOKE NIGHT, 5pm

Friday-Dancing in the Streets, 5pm

SPECIAL EVENT-Saturday, January 6th

Kelly & Charlie in concert, 5pm.

THANKS TO EVERYONE FOR SUPPORTING THE SUNSET GRILL!!!

SALTON “C” STRUMMERS (aka Ukulele Band)

*Come play with us
Tuesdays from 2pm until
3:30pm. For more
information call Marian
Walker, 760-587-3981 or
Caryn Mears, 509-430-
7515*

7th Annual FOY Light Contest Winners

Here are the winners:
1st Prize, Site 435-Terry and Felicia,
2nd Prize, Site 407-Sherry Moyers,
Lisa Johnson, & Annie Woolard.
3rd Prize Site #207- Robert &
Marilyn. Congratulations to
everyone who decorated their sites
in December. They were such a
delight to see at night.

REMINDER FROM THE DISCOVERY CENTER -We appreciate those getting their articles for the Newsletter in on time, those who do not, please mark it on your calendar, we shouldn’t have to remind you. February articles need to be in by Saturday, January 20. If you want the same information, just email the word “same” to activities@foyspa.com. Thank you.