

# October Newsletter

## Fun in the Sun



### WELCOME TO FOY

- *We are so happy you are here! Whether you are a first time visitor or a longtime friend, we are excited about you being at FOY. If you have questions, please come to the Discovery Center on Monday, October 28th from 9am-12pm.*
- *Enjoy your time at FOY and we look forward to talking to you soon.*

### GARDEN BOXES

The Garden Boxes are available to all FOY residents. When you become a tenant of a Garden Box, you are responsible for maintaining the box and keeping it clean and orderly. Boxes are given for 2 seasons only, and there is a fee of \$20. All boxes need to be completely cleaned out when you leave the park. Boxes cannot be given to another person when you leave. Boxes not properly cared for or not cleaned at the end of the season will be forfeited. If no boxes are available, your name will be placed on a waiting list. Contact: Julie McMahan in the Discovery Center or call 760-502-6450 for more information.

### CUE CLUB

Come on over to Moonrise Pool Hall to enjoy some 8 ball. Cue Club round robin plays every Tuesday & Thursday morning with scheduling at 8:15am. The annual membership fee is \$5.00. All levels of players are welcome. We will start our regular season on November 5th. Gals & Pals play at 8:30am each Wednesday starting November 6. We are a fun loving group who are looking to improve our 8 ball game. Gals come on out with your guy in tow (or we will try to find you a guy) and enjoy a morning of pool.

Cathy Ashbee

**SHUFFLEBOARD & MAHJONG**– We will be starting Shuffleboard on Monday morning October 14th at 8:30am. We play every Monday and Wednesday mornings at 8:30am in the Shuffleboard Room next to FOY Gym. Gene & Sylvia Premer

Bring your quarters, dimes and nickels for a good time. If you have never played Mahjong, come and watch to see if you would like to get addicted like the rest of us. Every Sunday and Wednesday evening at 6pm in the Cardroom. Sylvia Premer.

**BINGO** begins **Monday, November 4th** in Hays Hall! Doors open at 5:30pm for sales, and ends at 6:15pm. Play begins at 6:30pm. Come join the fun every Monday evening! The more players we have the more money we can give away! If you have any questions, call Tracy at 307-747-8817.

**BIRD WATCHING**– Bring your binoculars and scope for watching birds. Watch the bulletin board for excursions. Contact Larry for more information. 442-230-1354.

### HALLOWEEN PARTY

**THURSDAY, OCTOBER 31ST**

**HAYS HALL 7-9PM**

**\$5 AT THE DOOR**

**MUSIC BY DJ LINDA !**

**PUB STYLE, SO BRING YOUR**

**SCARY SNACKS AND YOUR**

**FAVORITE WITCH'S BREW!!!**

**COSTUME CONTEST & PRIZES!**

### DISCOVERY CENTER &

**ACTIVITY'S OFFICE OPENING MONDAY,**  
**OCTOBER 28–NOVEMBER 1- HALF DAYS**

**Monday-Friday 9am-noon**

**OPEN MONDAY-FRIDAY NOVEMBER 4,**

**9AM-12PM/1-4PM**

**CLOSED SATURDAY & SUNDAY**

**Call 760-502-6450 for information or**  
**email: [activities@foyspa.com](mailto:activities@foyspa.com)**

### STORE HOURS FOR OCTOBER 15-21

**TUESDAY, WEDNESDAY, FRIDAY &**

**SATURDAY 10AM—2PM**

**STARTING MONDAY, OCTOBER 21,**

**FREDDY'S WILL BE OPEN 7 DAYS A WEEK,**  
**8AM-5PM. THANK YOU FOR SHOPPING AT**

**FREDDY'S. WE APPRECIATE YOU!**

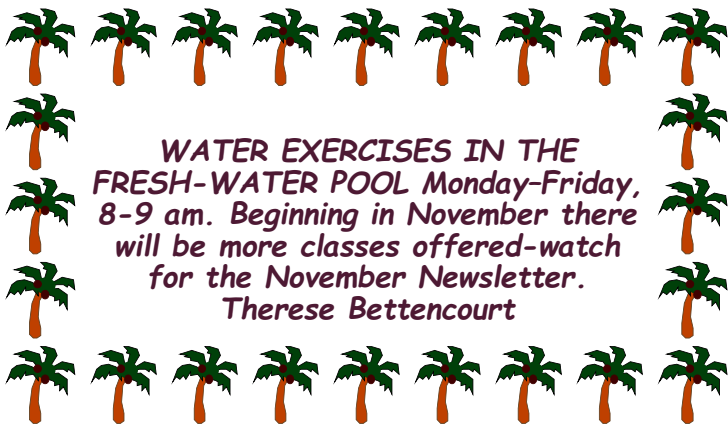
### **DON'T FORGET!!!**

**VEGGIE MAN is here every Tuesday and Friday, 11am-2pm. (time approximate)**  
**He will be at FOY during the season every Tuesday and Friday, 11am-2pm.**

### PING PONG

Currently we are playing Ping Pong in Moonrise Hall on Tuesdays and Thursday at 12:30-3pm. Beginning November 5th, we will kick off the season play in Sunrise Hall-same days and times as above. Looking forward to another GREAT Ping Pong season!! Linda Abrahamzon

**Charlotte's Stretch and Strengthen & Chair Classes are Back.** Stretch & Strengthen 9:15-10:45am/Chair Class 11am-noon. Bring a Mat and Water to Drink. Welcome back & see you soon. Classes start Monday, 11/4 in Hays Hall.



**WATER EXERCISES IN THE FRESH-WATER POOL** Monday-Friday, 8-9 am. Beginning in November there will be more classes offered-watch for the November Newsletter.  
*Therese Bettencourt*

**NEW STAFF MEMBER IN THE ACTIVITIES OFFICE**

We have a new staff member in Activities and 2 returning staff members in the Discovery Center.

I am happy to introduce a new Staff Member in the Activities Office, Wendy Hensarling. She is from Omak, Washington, and has worked as a Athletic & Career Technical Secretary for Omak School District since 2014. Wendy and her husband, Jim purchased a home at FOY, and it is our good fortune that she wants to continue working. I will be training Wendy to take my place as the Director of Activities. I will still be involved with the Activities Office, and plan on providing help when needed. I know that Wendy will do a great job as director, and she looks forward to meeting you soon.

I want to extend a welcome to 2 of our favorite people at FOY: Julie and Alan McMahan. Julie and Alan have been with FOY since 2021, and have worked in several areas in the park. Julie will be taking Dorothy's position as lead in the Discovery Center, and Alan will be her assistant working mainly with volunteers and clubs. We are happy they have decided to come back to Activities. They are looking forward to seeing you soon in the Discovery Center. Sue Birky

**MASSAGE THERAPY STUDIO IN MOONRISE HALL**

**Sue Peterson will be back soon! She is taking appointments currently and will open Friday, November 1st. If you wish to make an appointment, please call her at 951-265-3457 . Sue is a Licensed Massage Therapist and has been practicing for 19 years.**

**REMINDER FROM THE ACTIVITY'S OFFICE**

**If you have an article for the November Newsletter, please deliver it to the Discovery Center by Monday, October 21 or email to [activities@foyspa.com](mailto:activities@foyspa.com)**

**TNT-Tuesday Night Talent**

Tuesdays are terrific, or so I've been told.  
 Come join in the fun, with your talent be bold.  
 Whether you're a dancer, a jokester or just a fool,  
 Come share your talent, cause it'll be cool!  
 Piano playing and guitars will abound, so call Caryn and sign up for the very first round.  
 Dannie will be helping skits galore, so we'll have lots of laughs in store!  
 If you'd like to make TNT complete, offer to sell popcorn, cause having a vendor would be neat!  
 We'd love to have you join in with the show! Call Caryn or Dannie and please let them know.  
 Tuesday Night Talent needs you now. Hurry to get in on the very first bow.  
 November 19th, we'll meet in Hays Hall.  
 Remember to give Dannie (978-726-0764) and Caryn (509-430-7515) a call.

**VOLUNTEERS NEEDED**

"FOY runs on Volunteer Power" and we have a group of amazing Volunteers! You can volunteer to do things you enjoy, and earn reward for hours worked. Come to the Discovery Center and talk to us about how you would like to help, Starting on Monday, October 28th, 9am-12pm. Our first Volunteer Meeting is Tuesday, November 5th, 1-2pm at the Sunset Grill. There's a good chance of a free ice cream cone there, as well.

**SALTON SEA STRUMMERS**

We are looking forward to our first meeting Tuesday, November 5, 2024 at 2pm in Moonrise Hall. Bring your ukulele and your music and join us singing some old and new songs. Loretta Clay and Pat Molland will help us with music selection. Please call Caryn Mears at 509-430-7515 if you have any questions. We hope to see you there.

**COME OUT FOR FUN, FITNESS AND FRIENDSHIP WITH LYNNE!**

**Chair Dance Party** is great for people who have mobility issues, but still like to participate in a fun activity that benefits your body, mind and spirit. Come out and dance to all of our favorite songs. Tuesday and Thursdays, Hays Hall, 9-9:45am.  
**Chair Yoga**— Enjoy all the benefits of Yoga in a chair. We work on core strength, balance, and flexibility. Perfect for those with mobility issues. Tuesday and Thursdays, Hays Hall, 10-10:45am.

**LINE DANCING CLASSES**

Elena will not be at FOY this season to lead Line Dancing Classes, and we are very sorry to hear that, but Lynne Menard has graciously offered to lead the Saturday class for Elena. We have other classes planned, but they won't start until January, 2025. This is Lynne's schedule for Saturday in Hays Hall, 1-2pm, BEGINNING LINE DANCE-this class is open to all beginners who want to learn how to line dance, or those that haven't line danced for a while. Come on out, and learn to love line dance! INTERMEDIATE TO ADVANCED-Come and learn more advanced step and more difficult choreography. This class is on Saturday, 2-3pm. Both Classes will start in Hays Hall, Saturday, November 2, 2024.

**CRIBBAGE TIME— STARTING FRIDAY, November 1st & MONDAY, November 4th.** Cribbage will be played in the Cardroom. Open seating at 12:45pm. Please find a seat at one of the tables. (NO sign up sheet). Please bring \$.50. We pay out prize money. Play begins at 1pm and we play about 2.5 hours.  
 Welcome to another FOY season of CRIBBAGE .  
 Cheryl, Pat & Bev.

**CARD GAMES WITH CHARLOTTE**

Sunday-Mexican Train in Moonrise at 6pm-11/3  
 Monday-Jokers and Marbles in the Cardroom 6pm --11/4  
 Thursday-Swoop in the Cardroom 6pm-11/7  
 Saturday-Hand and Foot in the Cardroom 9:30am-11/2